Staying healthy can be difficult when you have a chronic condition. We would like to learn about the type of help with your condition you get from your health care team. This might include your regular doctor, his or her nurse, or physician's assistant who treats your illness. Your answers will be kept confidential and will not be shared with your physician or clinic.

Over the past 6 months, when I received care for my chronic conditions, I was:

	None of the time	<u>A Little of</u> <u>the Time</u>	Some of the Time	<u>Most of</u> the Time	<u>Always</u>
1. Asked for my ideas when we made a treatment plan.	\Box_1	\square_2	\square_3	\square_4	\square_5
2. Given choices about treatment to think about.	\Box_1	\square_2	\square_3	\square_4	\square_5
3. Asked to talk about any problems with my medicines or their effects.	\Box_1	\square_2	\square_3	\Box_4	\square_5
4. Given a written list of things I should do to improve my health.	\Box_1	\square_2	\square_3	\square_4	
5. Satisfied that my care was well organized.	\square_1	\square_2	\square_3	\square_4	\square_5
6. Shown how what I did to take care of myself influenced my condition.	\Box_1	\square_2	\square_3	\Box_4	\square_5
7. Asked to talk about my goals in caring for my condition.	\Box_1	\square_2	\square_3	\square_4	\square_5
8. Helped to set specific goals to improve my eating or exercise.	\square_1	\square_2	\square_3	\square_4	\square_5
9. Given a copy of my treatment plan.	\square_1	\square_2	\square_3	\square_4	\square_5
10. Encouraged to go to a specific group or class to help me cope with my chronic condition.	\square_1	\square_2	\square_3	\square_4	\square_5
 Asked questions, either directly or on a survey, about my health habits. 	\Box_1	\square_2	\square_3	\Box_4	\square_5

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	<u>None</u> of the time	<u>A Little of</u> <u>the Time</u>	Some of the Time	<u>Most of</u> the Time	<u>Always</u>
12. Sure that my doctor or nurse thought about my values, beliefs, and traditions when they recommended treatments to me.		\square_2	□3	\Box_4	
13. Helped to make a treatment plan that I could carry out in my daily life.	\Box_1	\square_2	\square_3	\Box_4	\square_5
14. Helped to plan ahead so I could take care of my condition even in hard times.	\Box_1	\square_2	\square_3	\Box_4	\square_5
15. Asked how my chronic condition affects my life.	\Box_1	\square_2	\square_3	\Box_4	\square_5
16. Contacted after a visit to see how things were going.	\Box_1	\square_2	\square_3	\Box_4	\square_5
17. Encouraged to attend programs in the community that could help me.	\Box_1	\square_2	\square_3	\Box_4	\square_5
18. Referred to a dietitian, health educator, or counselor.	\Box_1	\square_2	\square_3	\square_4	\square_5
19. Told how my visits with other types of doctors, like an eye doctor or other specialist, helped my treatment.	\Box_1	\square_2	\square_3	\Box_4	\square_5
20. Asked how my visits with other doctors were going.	\square_1	\square_2	\square_3	\square_4	\square_5

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