

Moving research into action, together.

Summer 2022 Update



The ACT Center joins our colleagues and our communities in honoring and celebrating Pride Month. Love unites!

# **5** insights on patient and family engagement

Kelsey Stefanik-Guizlo, a collaborative scientist with the ACT Center, shares strategies for meaningfully engaging patients and families in care transformation.



"Nothing about me without me" is the guiding

principle of Kelsey's engagement with patients and families through the <u>Delta Center</u> and <u>Integrated Pain</u> <u>Management</u> projects. Kelsey highlights strategies, like prioritizing diversity and building trust, that the ACT Center is using to shape our long-term <u>patient and family engagement</u> strategy. <u>READ MORE</u>.

# Miller Fund inspires clinical innovation in residency

KP Washington family medicine residents test new ideas for improving care while honoring the legacy of Dr. Don Miller

The ACT Center established a partnership with the Kaiser Permanente Washington Family Medicine Residency Program to support clinical innovation projects led by residents. With funding from the ACT Center's <u>Donald G.</u>



Justin Fu, MD, Family Medicine Resident at Kaiser Permanente Washington (L) and Don Miller, MD, Chief of Nephrology at Kaiser Permanente Washington (then Group Health) from 1986 to 2004 (R)

<u>Miller, MD, Endowed Fund for Clinical Innovation</u>, second-year Family Medicine Resident Justin Fu, MD, recently led a project to explore ways to decrease disparities in colorectal cancer screening rates among Black members.

READ MORE.

# Predicting and preventing missed clinic visits

ACT Center biostatistician Yates Coley reports on new predictive analytics work that's decreasing missed visits at KP Washington.

Missed clinic visits limit appointment availability and result in lost opportunities



for patients to receive care. Kaiser Permanente Washington recently partnered with the ACT Center's <u>advanced analytics</u> team on a <u>learning health system</u> project to predict and prevent missed visits. This work involved using predictive analytics to validate a risk model — and then pairing it with a simple, evidence-based intervention: 2 reminder text messages instead of 1. Results of the recent comparative effectiveness study were published in <u>The Permanente</u> <u>Journal</u>. <u>READ MORE</u>.

## **People and programs**

### AcademyHealth LHS Challenge Winners: Integrated Pain Management

Congratulations to the ACT Center's Integrated Pain Management (IPM) team for their recent presentation at the Learning Health System (LHS) Interest Group meeting during the 2022 AcademyHealth Annual Research Meeting. Session co-organizer Sarah Greene kindly shared this summary with us: "We held a 'Challenge Contest' to select research teams embedded in health systems who could present compelling challenges they'd overcome in their LHS work. As 1 of 10 contest winners, the IPM team was selected to present work to engage system leaders, clinicians, and patients in both understanding barriers to optimal strategies for managing



The IPM team's Jess Mogk (L) and Dr. Paula Lozano (R), with LHS Interest group coorganizer Sarah Greene

chronic pain, and co-creating a refreshed approach to pain management. The team emphasized 'listening to learn,' and the importance of reinforcing the message that the research team is here to support and help health systems and care teams improve care."

Stay tuned for an AcademyHealth blog describing the full session and for project abstracts from the ACT Center and other contest winners in a forthcoming issue of <u>Learning Health Systems</u>.

#### Building trust in primary care

Kudos to the ACT Center's <u>Dr. Michael Parchman</u> for his recent presentation to the American Board of Internal Medicine Foundation on the importance of building trust in primary care, especially when de-prescribing opioids and other potentially harmful medications. Learn more in <u>this blog from</u> <u>Kaiser Permanente Washington Health Research Institute</u>.



#### Modern Healthcare Social Determinants of Health Symposium

On August 11, Modern Healthcare will host its <u>2022 Social Determinants of Health Symposium</u>, bringing together providers, payers, and other stakeholders to address the systemic inequities that keep people from experiencing good health. **ACT Center Collaborative Scientist Meagan Brown will join Kaiser Permanente Vice President of Social Health Dr. Anand Shah** to deliver the closing keynote address on "Social Health for Everyone" — sharing results of social needs surveys of more than 10,000 health plan members conducted through Kaiser Permanente's Social Needs Network for Evaluation and Translation (SONNET). Learn more on the Modern Healthcare website.

### Resources

Addressing Social Health in Medicine. From Kaiser Permanente's Social Needs Network for Evaluation and Translation (<u>SONNET</u>): This new online training module uses real-world scenarios to help providers build skills in talking with members about social health. Developed for Kaiser Permanente providers, the training is available publicly and can help care teams in a variety of settings communicate about social risks, connect patients to resources, and adapt treatment plans in the context of their social situations. Access the training here: <u>Addressing Social Health in Medicine Training</u> (CME credit for this training is not available for providers outside of Kaiser Permanente.)

**Primary Care Matters Resource Center.** From our longtime partners at the California Health Care Foundation (CHCF): This new set of resources focuses on **strengthening primary care investment** in California to achieve better and more equitable health outcomes, lower care costs, and improve quality of care. Learn more about the group's principles, recommended actions, and latest research by visiting CHCF's <u>Primary Care Matters website</u>.

**Toolkit to Advance Racial Health Equity in Primary Care Improvement.** From CHCF, the California Improvement Network, and Health Begins: This new toolkit offers 7 concrete opportunities to advance health equity and includes helpful tactics, practical resources, and case studies providing insights into how organizations have implemented improvements. Visit the <u>CHCF website to download the toolkit</u> and register for 2 upcoming "implementation huddles" to support the toolkit's application.

**SIREN 2022 National Research Meeting: Racial Health Equity in Social Care**. On September 15 and October 12, our partners at the Social Interventions Research and Evaluation Network (SIREN) will host their 2022 National Research Meeting: Racial Health Equity in Social Care. This free, virtual event will examine how racism impacts social care programs and social care research — and will explore how social care research can become a stronger tool for advancing racial health equity. Learn more on the <u>SIREN website</u>.

## 30 years of MacColl

This month we're celebrating the 30th birthday of the MacColl Center for Health Care Innovation, which joined with Kaiser Permanente Washington's Learning Health System Program to create the ACT <u>Center</u> last November. In the three decades since its founding, and under all of its many names, MacColl's staff, faculty and external partners have worked to to bring evidence based and patient centered change to medical care.

## **Stay in touch**

We'd love to hear what you're working on! Email our team: act-center@kp.org.

Did you miss our last newsletter? Read the previous issue.



We at the Center for Accelerating Care Transformation acknowledge that the work we do takes place on the ancestral lands and traditional territories of Coast Salish People.



The ACT Center is part of Kaiser Permanente Washington Health Research Institute.

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