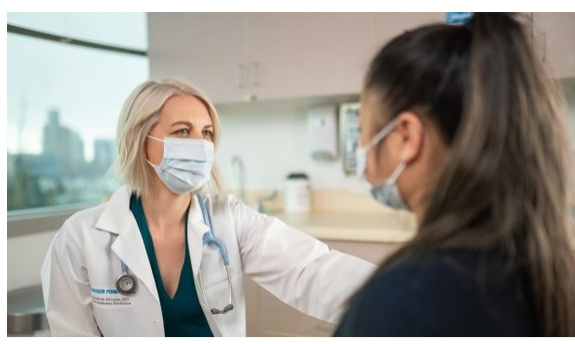## Patient-centered perspectives on teen mental health
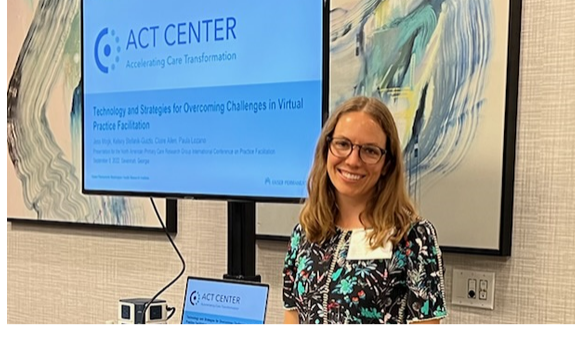
Dr. Annie Hoopes shares insights from a new ACT Center study on integrating adolescent mental health in primary care

How can health systems and care teams better support teen mental health? Focusing on patient and family priorities like engagement, communication, and privacy may be key. New findings from **Annie Hoopes, MD, MPH**, and a team at the ACT Center are based on the perspectives of teens, parents, and families who are part of the Adolescent Integrated Mental Health Pilot at Kaiser Permanente Washington. In this Q&A, Dr. Hoopes describes how the study began, what the team learned, and next steps for improving teen mental health care. **READ MORE**.

Why we need practice facilitators now more than ever

Fresh from an international conference on practice facilitation, Jess Mogk reflects on what's next as the field advances

In the post-pandemic era, practice facilitators are finding new ways to help care teams improve professional wellness, advance equity, and bring about positive change. **Jess Mogk, MPH**, shares these and other insights from the North American Primary Care Research Group International Practice Facilitation Conference, where she presented helpful strategies for virtual facilitation based on her experience as a practice facilitator for the ACT Center's Integrated Pain Management Program. **READ MORE**.

New publications and resources

CATALyST papers spotlight training and health equity in learning health systems

Learning Health Systems recently published 2 papers with insights from the CATALyST program, 1 of 11 Learning Health System (LHS) Centers of Excellence (COEs) that provide mentoring to early career scientists pursuing LHS research.

CATALyST scholar Maggie Ramirez (L) with program co-director Paula Lozano (R).

Training the next generation of learning health system scientists was co-authored by program directors from the 11 COEs and describes how they provide mentored research training and promote partnerships between scholars and health system leaders. The paper also highlights the new health equity domain the group recently added to the Agency for Healthcare Research and Quality's LHS core competencies. The lead author is ACT Center and CATALyST co-director, **Paula Lozano, MD, MPH**.

A call to integrate health equity into learning health system research training was authored by all 8 CATALyST scholars and presents real-life case studies illustrating challenges and solutions to advance training and mentorship in health equity-focused LHS science. The paper also recommends specific actions to help LHS training programs integrate health equity in mentorship and program standards.

Both papers will be part of a forthcoming special issue of *Learning Health Systems* focused on educating the multidisciplinary workforce for learning health systems.

Rapid Evidence Scans: New resources available from ACT Center

Are you looking for accessible summaries of research evidence on issues like telemedicine, care continuity, and pediatric behavioral health integration? Or do you want tips on how to conduct rapid evidence scans when your team needs timely, evidence-based answers to important questions arising in care delivery?

Check out the new **Rapid Evidence Scans page** on the ACT Center website, which provides a selection of free, downloadable evidence summaries and an explanation of the practical methods we use to rapidly review research evidence and distill learnings into actionable information for our care delivery partners.

Featured ACT Center rapid evidence scans

- Continuity of Care
- Pain Management Models
- Telemedicine
- Pediatric Behavioral Health Integration
- Reducing Missed Visits
- End-of-life and Outpatient Palliative Care
- Preventing Hospitalizations
- Technology Interventions in Primary Care

How learning health systems and implementation science come together to increase impact

Advice and resources on how to align learning health system goals with implementation science methods are available in a new webinar from **Cara Lewis, PhD**, a senior investigator and implementation science expert with the ACT Center.

Research institute / Care delivery — Innovations in care

Inputs | Outputs | Outcomes

Hosted by the Learning Health Systems Rehabilitation Research Network (LeaRRN), Dr. Lewis's webinar kicks off with the ACT Center's model for operationalizing a learning health system — including key inputs, outputs, and outcomes — and then links the model to implementation and measurement strategies based on best practices in implementation science. View the presentation and download accompanying resources on **the LeaRRn website**.

'Healthcare for Humans' podcast explores cultures and communities in Washington

When health care providers understand a person's history, culture, and personal circumstances, they are in a better position to provide high-quality care and "truly heal someone." This is the central tenet of **Healthcare for Humans**, a new podcast from KP Washington physician and ACT Center collaborator, **Raj Sundar, MD**. The podcast's first season features community leaders and experts from immigrant communities in Washington sharing about how they want to be cared for in the context of their history in culture.

Stay in touch

We'd love to hear what you're working on! Email our team: act-center@kp.org.

Did you miss our last newsletter? Read the previous issue.

We at the Center for Accelerating Care Transformation acknowledge that the work we do takes place on the ancestral lands and traditional territories of Coast Salish People.

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The ACT Center is part of Kaiser Permanente Washington Health Research Institute.